

Welcome to our
Ballast Bank Bar & Grill

Bar Food is served Daily
from 12.00pm - 9.30pm

Carvery Lunch is served Monday - Friday
From 12.00pm - 2.30pm

We hope you have an enjoyable
Dining Experience

The Ballast Bank is a rather curious man-made island in Wexford Harbour opposite the Talbot Hotel Wexford. It was created to provide a place for loading and unloading ballast, which was essential to stabilise ships sailing without cargo. Both the Talbot Hotel Wexford and the Ballast Bank were constructed in 1905, so it seems fitting to name one of Wexford's landmark bars after one of Wexford's most famous landmarks



Appetisers

Chef's Soup of the Day €4.50

Served with Homemade Brown Bread (WH/MK/CY)

Meyler's Seafood Chowder €6.95

Meyler's House-Smoked Haddock Clam, Potato & Leek Chowder

Served with Freshly Baked Bread (FH/CS/MS/CY/MK)

Louisiana Spiced Chicken Wings (Starter) €7.95 (Main) €13.95

Served with a Smoked Hickory BBQ Mayonnaise Sauce (SP/LP/EG)

Talbot's Own Pâté €7.95

Dressed with Rocket Leaves, Fig Relish & Toasted Bread Chips

Drizzled with Walnut Oil (TN/CY/WH)

Warm O' Neill's Black Pudding Salad €7.50

With Smoked Bacon, Tomato and a Dijon Mustard & Honey Dressing (MD/EG/MK/SP)

Duck Spring roll €8.95

With Carrot, Spring Onion & Roasted Sesame Seed Salad

Drizzled with a Sweet Chilli Sauce (WH/SE/SP/SY)

Mediterranean Salad €8.50

Roasted Bell Peppers, Florets of Broccoli, Chick Peas, Olives & Feta Cheese,

Dressed with a Tomato Vinaigrette (WH/SE/SP/SY)



Main Courses

Grilled Prime Dry Aged 10oz Sirloin Steak €23.95

Served with Sauté Field Mushroom & Onions

Choice of either: Creamy Green Peppercorn Sauce or Garlic Butter (MK)

All of our Steaks are cooked to your liking please allow 20-30 minutes

Talbot Hotel 8oz Prime Steak Burger €14.50

Served in a Toasted White Floured Bap, with Beechwood Smoked Cheddar, Crisp Streaky Bacon, Butterleaf Lettuce & Sun dried Tomato Mayonnaise (WH/SP/EG)

Tandoori Spiced Chicken Fillet Burger €14.00

Served in a Multi-Seed Bun, with Rocket Leaves,
Red Onion & Lime Pickle Mayonnaise (WH/SE/TN/EG)

Golden Fried Fillet of Haddock €14.95

Served in a Dill & Citrus Batter,
With Lemon, Mushy Peas & Tartar Sauce (FH/WH/EG)

Pan Fried King Prawns €17.95

Cooked in a Tomato, Spring onion & Garlic Butter
Served with a Timbale of Savoury Rice (CS)

****All of the Above Served with Chips or Mini Caesar Salad****

Madras Style Chicken & Vegetable Curry €13.95

Served with Rice and a Papadum Garnish (SP/WH/SY)

Penne Pasta €12.95

With Sun-dried Tomato, Roasted Vegetables & Parmesan
Cooked in a Garlic & White Wine Cream Sauce (WH/MK)

Talbot's Sizzling Chicken Fajitas €13.95

Strips of Marinated Chicken & Stir Fried Vegetables Flash Fried
Served with Warm Tortilla Wraps, Grated Cheese, Natural Yoghurt,
Classic Guacamole and a Tomato & Onion Salsa (WH/MK/CV/SP)



Main Courses

Talbot's 12' Inch Stone Baked Pizza €12.95

Pepperoni, Ham, Sweetcorn, Red Onion & Pineapple Topped with Melted Mozzarella (WH/MK/SP/CY/EG)

Talbot's Vegetarian Pizza €11.50

Roasted Mediterranean Vegetables, Sweetcorn, Pineapple & Mozzarella (WH/MK)

Gluten Free Bases available upon request

Side Orders **€3.00**

Chips

Potato Wedges

Creamed Potato

Mini Caesar

Side Salad

Vegetables of the Day

Selection of Freshly Made Sandwiches

Choice of 2 from the following Fillings **Plain €4.95 / Toasted €5.95**

Chicken, Ham, Cheese, Tomato, Onion, Tuna

Served with Tortilla Chips

*Extra Filling **€0.75c**

Talbots Toasted Special (WH/MK) €5.95

Toasted White or Brown Bread Filled with Ham, Cheese, Tomato & Onion

Served with Fresh Side Salad & Tortilla Chips

Chef's Breaded Chicken Filled Wrap (WH/MK/FH/EG) €7.95

Breaded Fillet of Chicken, with a Cos Lettuce & Parmesan

Bound in a Caesar Dressing



Desserts

Mango & Mint Pavlova

Served with a Crème Chantilly (EG/MK)

White Chocolate Cheesecake

Served with a Raspberry Coulis (MK/EG/WH)

Gluten Free Toblerone Cake

Served with Vanilla Sauce & Ice-Cream (EG/MK/SP)

Brambly Apple & Mixed Berry Crumble

Served with Custard & Ice-Cream (SP/WH/MK)

Warm Chocolate Brownie

With salted Caramel & Whipped Dairy Cream

(EG/MK/SP)

All Desserts

€4.95

Allergen	Abbreviation
Peanut	PN
Tree Nuts	TN
Sesame	SE
Wheat	WH
Lupin	LP
(type of seed / flour)	
Eggs	EG
Milk	MK
Soya	SY
Fish	FH
Crustaceans	CS
(Crab, lobster, Shrimp)	
Molluscs	MS
Celery	CY
Mustard	MD
Sulphites	SP
(preservative)	



Beverages

We have a full Wine Menu available as well as a selection of Craft Beers and Specialty Spirits to include a comprehensive selection of Irish Whiskeys

Coffee	€2.50
Tea	€2.50
Decaffeinated Coffee	€2.20
Selection of Herbal Teas	€2.50
Hot Chocolate	€3.00
Espresso	€2.60
Cappuccino	€2.90
Café Latte	€2.90
Café Mocha	€3.00
Americano	€2.50

All of the above are made with Full Fat Milk, Soy Milk, Low Fat

& Skimmed Milk available upon request

Liqueur Coffees

Irish Coffee	€6.95
Bailey's Coffee	€6.95
French Coffee	€6.95
Calypso Coffee	€6.95
Amaretto Coffee	€6.95

Hot Drinks

Hot Whiskey	€5.95
Hot Port	€5.95





Movie Meal Deal

**1 Main Course, 1 Cinema Ticket
Tea or Coffee
€18.50pp**

Menu

Madras Style Chicken & Vegetable Curry
Served with Rice and a Poppodum Garnish
(SP/WH/SY)

Talbot's 12' Inch Stone Baked Pizza
Pepperoni, Ham, Sweetcorn, Red Onion &
Pineapple Topped with Melted Mozzarella
(WH/MK/SP/CY/EG)

Penne Pasta
With Sun-dried Tomato,
Roasted Vegetables & Parmesan
Cooked in a Garlic & White Wine Cream Sauce
(WH/MK)

Golden Fried Fillet of Haddock
Served in a Dill & Citrus Batter,
With Lemon, Mushy Peas & Tartar Sauce
(FH/WH/EG)

Enjoy any of the above with Tea or Coffee

Choose from Selected menu only. Valid Sunday- Thursday only. Offer Valid at Ballast Bank Bar & Omniplex Wexford. Not Valid in conjunction with any other offer or promotion & is subject to availability.